



**Ferntree Gully Eagles
Junior Football Club
Trainer co-ordinator
March 2008**

Job Description:

In season 2008, the Ferntree Gully Eagles Junior Football Club will introduce a 'Trainer Co-ordinator' portfolio position. The role will be to:

- Make necessary preparations for the coming season.
- Be available to all trainers at the club for advice.
- Ensure all trainers are appropriately trained, accredited and re-accredited at level 1 as a minimum.
- Ensure that the training satisfies the requirements as stipulated via the Sports Medicine Australia Trainers Course. (Seek advice from the EFL; ensure it is not a First Aid course).
- Encourage all to undertake ongoing and further training to achieve higher accreditation and qualifications.
- Be a conduit between all trainers and the Executive.
- Liaise with the Senior Club trainers as required.
- Liaise with the Eastern Football League (EFL) on Trainer specific issues as required.
- Ensure all First Aid kits are appropriately stocked.
- Purchase stock for the First Aid kits as required.
- Ensure all necessary paperwork is completed for Club and EFL purposes.
- Arrange guest speakers on specific Health & Wellbeing matters as required.

Meeting feedback:

On Tuesday 19 February 2008, a meeting was arranged involving two senior and experienced Trainers (Lisa Mack and Frank Compasso) and the President of the FTG Eagles Junior Football Club (Sam Cavarra).

The purpose of the meeting was to discuss the concept of introducing a Trainer Co-ordinator portfolio position at the Junior Club in season 2008, the role that it would undertake, and the mapping out of activities required between now and the commencement of the season – as decided at the General Committee meeting held on 4 February 2008.

The actions decided were:

1. Sam to contact Coaches and ask who their trainers will be for season 2008, and whether or not they have the appropriate level 1 accreditation.

2. The Executive to explore funding possibility for costs associated with training new trainers (cost is approximately \$175 per person); and the re-accreditation costs (cost unknown).
3. State an expectation that anyone funded to attend this training provide the club with a commitment to be a trainer at the club for a period of at least two years.
4. Lisa to contact property stewards (Neil Purdon / Rob Alty) to retrieve First Aid Kits from Fort Knox.
5. Lisa and Frank to audit the contents of the First Aid Kits.
6. Lisa and Frank (in consultation with the Treasurer – John Evans) to purchase stock for the First Aid Kits as required. (Potential to purchase in bulk and with the Senior club – to be explored.)
7. Lisa and Frank to re-enforce with all trainers the need for confidentiality; that any completed injury reports are private and need to be stored confidentially; the need to undergo Working With Children Checks; for each trainer to review and familiarise themselves with the medical forms submitted by each child in their team for awareness of any potential matters that may arise and for reasons of prevention and treatment.
8. A recommendation that photos and names of all qualified trainers to be placed prominently in the club rooms so that visitors can approach trainers if and as required.
9. Frank to talk to this item at the next General Committee Meeting on Monday 3 March 2008, and to seek any expressions of interest in undertaking this role. It is expected that Frank and one or two other trainers could undertake this role together.

Guest speaker:

The first guest speaker will be a local Physiotherapist who will be asked to talk about Health and Wellbeing within a football playing context. Specifically, the topic will address the following:

- Self preservation.
- The importance of using ice on an injury.
- The importance of rest.
- Prevention strategies.
- Eating / Dietary habits.
- Preparation for game day.
- Routines.
- Alcohol use.

The proposed date for this session is Thursday 3 April 2008. Date to be confirmed.

It is also proposed that all Trainers and Coaches must attend (compulsory); that this be a joint session with both Junior and Senior Club; that an invitation be extended to players (perhaps the older age groups in the Junior club and all the players in the Senior club (to be decided by the Senior Club); and that the session be held in the evening commencing at 7:30 p.m. at the Senior club rooms – FTG Reserve. Venue to be confirmed.

A local Physiotherapist has been approached and is available to attend. Tim has had experience in training football teams.

Club trainers:

The current (2008 season) list of trainers at the FTG Eagles JFC are:

Under 9's (Mal's Team)	Trainer: Dale Morrison	Accredited: No
Under 10's (Andrew's Team)	Trainer: Neil Purdon / Sean Brasher	Accredited: Yes
Under 10's (Sam C's Team)	Trainer: Christine Evans	Accredited: Yes
Under 11's (Graeme's Team)	Trainer: Warren Cross	Accredited: Yes
Under 12's (John E's Team)	Trainer: Bernard Deveson	Accredited: Yes
Under 13's (John H's Team)	Trainer: Tony Dileo	Accredited: Yes
Under 14's (Darren's Team)	Trainer: Greg Wallar	Accredited: Yes
Under 15's (Simon's Team)	Trainer: Frank Compasso	Accredited: Yes
Under 15's (Sam D's Team)	Trainer: Lisa Bowman	Accredited: Yes
Under 16's (Joel's Team)	Trainer: Lisa Mack/Chrys Abrahams	Accredited: Yes

The Trainer co-ordinator working group:

Frank Compasso

Lisa Mack

Sam Cavarra